

February 17, 2022

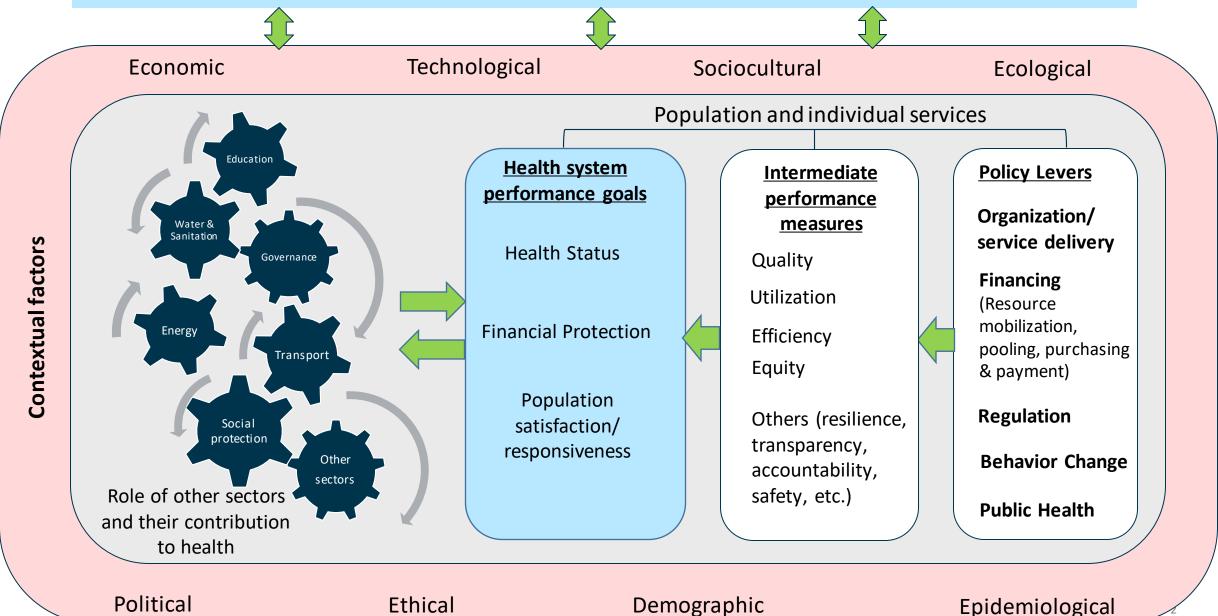
SERVICE DELIVERY MODELS FOR ADDRESSING NCDS

DR ZARA SHUBBER, WORLD BANK





Human Capital, Economic Development and Individual Wellbeing



Addressing the large and growing burden of NCDs

- NCD services must be integrated into a strengthened PHC system with strong referral chains and focus on active health promotion and disease prevention
- This requires a fundamental shift in the way services are organized, delivered and financed, transforming primary care from one that provides episodic and curative care into one that provides longterm, continuous and coordinated care.
- Client and community engagement is critical.



Approach to scale up of integrated NCD services will depend on context including health system typology, capacities and capabilities, for example:

Low capacity, fragmented, fragile health systems
Reliant on external financing
Earlier stage of epidemiologic transition
Providing little to no NCD services

- May need to initially integrate NCD services into existing system including existing programs (e.g., HIV, MCH)
- Public health approach

Higher capacity health system but with inefficiencies

Outdated service delivery model

Later stage of epidemiologic transition

Providing NCD services but of poor quality

Health system reform and modernization



Typology of Primary Care Models

Community Health Workers

- Trained individuals with limited or no formal medical education
- Person-centered support
- Promote health care access, and patient engagement
- Used to serve hard to reach groups

PHC Facilities and PHC Networks

- Specialized PHC clinics focus on single disease programs
- Dispensary type PHC centers co-locate range of services, and include GPs and specialists
- PHC networks involve GPs working on site with empaneled patients to provide personalized care in partnership with other local health and care professionals

Hospital-based PHC

 Family medicine practitioners based in hospitals; transactional access to specialists













Is there a perfect model?

Community Health Workers

PROS:

- **✓** Ease of access for patients
- √ Task shifting frees up medical personnel
- ✓ Act as a liaison between community and health system
- ✓ Improved care & coordination

CONS:

- **➤**Mistrust by community
- > Patients wanting care from qualified medical personnel

PHC Facilities and PHC Networks

PROS:

- ✓ Ease of access for patients
- ✓ Targeted resources, dedicated staff, specific objectives and measurable outcomes
- ✓ Continuity of care, gatekeeping and coordination, cost effectiveness

CONS:

- ➤ Specialists that work at only PHC waste their knowledge; continuum of care & integration is often missed
- ➤ Fragmented care with limited coordination between levels of care; competition for limited resources; dependent on donor funding
- ➢ GPs expected to manage increasingly complex medical conditions; perceptions of patients that quality of care is sub-standard

Hospital-based PHC

PROS:

- ✓ Specialists and specialized services readily available
- ✓ Patients perceive care as high quality

CONS:

- > High cost
- > Over referral to specialists
- > Lack of continuity of care





Strategies for Organizational Change

Structural strategies - 'who-does-what'

Changing the mix of organizations

Changing the division of tasks / activities among the organizations

Incentive Strategies

Market competition

Incentive budgeting

Contracting

Managerial Strategies

Restructuring public sector accountability/ Decentralization

Improving Public Sector Performance

Autonomization

TQM/CQI

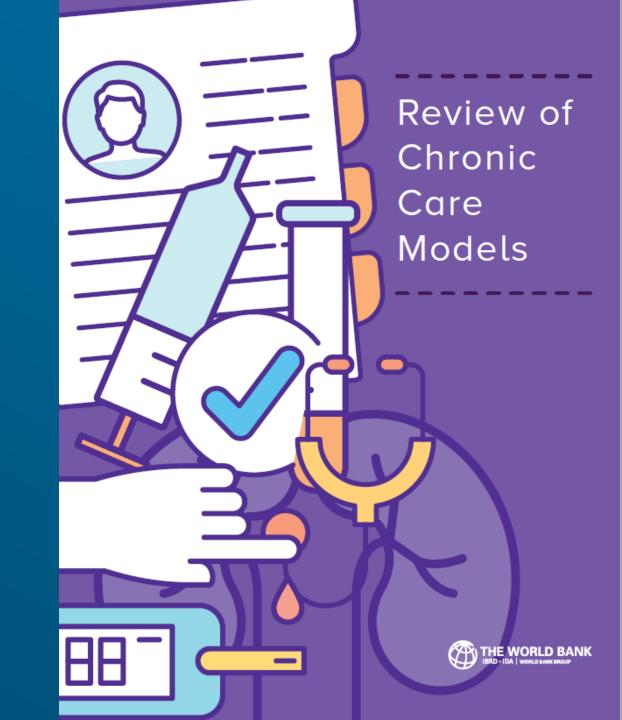




Organization / Service Delivery Policy Lever



NCD service delivery models: examples



BHUTAN: Service with Care and Compassion Model

Scale up of NCD prevention and control services at decentralized levels based on WHO PEN model

Key organizational strategies:

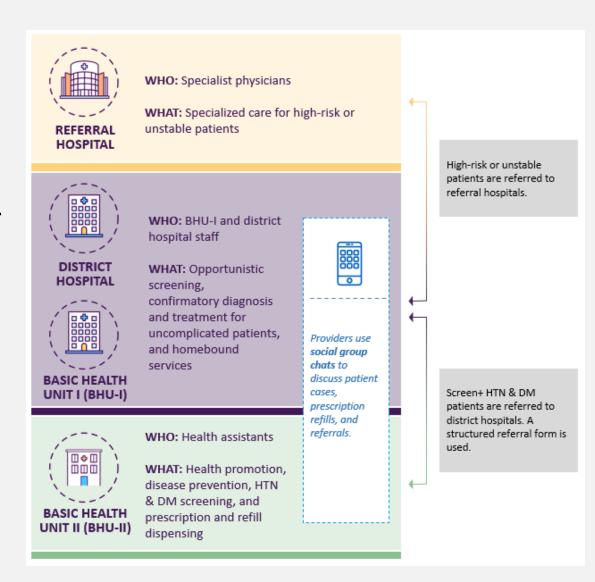
Task shifting to non-physician health workers for screening, diagnosis and management of NCDs

Other key policy levers:

Legislation enabling health assistants to prescribe and dispense NCD medication

Results:

Initial PEN pilot in two districts associated with improvements in BP and diabetes control and reduction in CVD risk. The SCC Initiative is now being rolled out nationwide.



BRAZIL: Family Health Strategy Model

Comprehensive and coordinated community-based PHC services to empaneled population

Key organizational strategies:

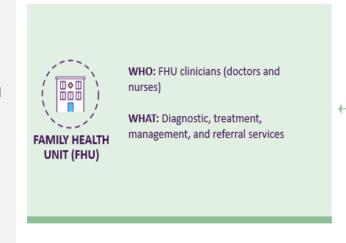
- Multidisciplinary PHC team assigned to empaneled population
- Use of performance incentives
- Decentralization of power for greater accountability and more efficient resource allocation

Other key policy levers:

- Behavior change: strong focus on active health promotion and disease
- Integration of public health: CHAs also conduct disease surveillance

Results:

Reduction of hospital admissions due to diabetes and CVD as well as CVD mortality





WHAT: Home-based primary prevention activities (e.g., healthy lifestyle promotion and health education), early detection screening for HTN, DM, and other common conditions, and follow-up

WHO: Community health agents (CHAs)



The Primary Care Information

System stores data collected

by CHAs.

High-risk patients are referred to FHUs for treatment.

They are referred back to CHAs for monitoring and follow-up.



RWANDA: Digital-First Integrated Care Model

Digitally-enabled PHC model supported by local partner networks

Key organizational strategies:

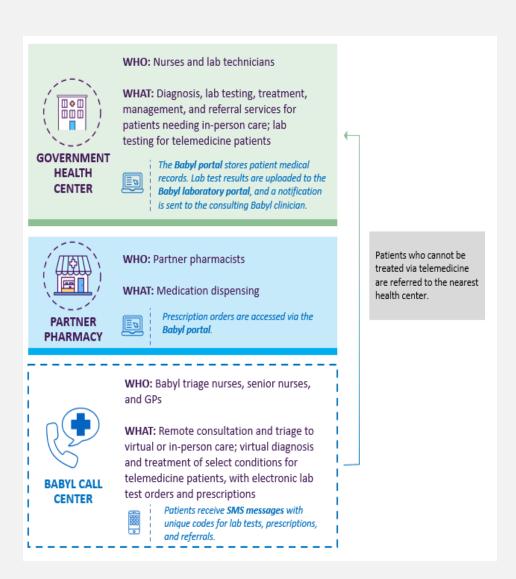
- Public Private Partnership
- Contracting of Babyl and local laboratories and pharmacies

Other key policy levers:

Reimbursement available from state insurance schemes including Rwanda Social Security Board (RSSB), which insures 85% of the country's population

Results:

As of January 2022, Babyl has performed >1.3 million teleconsultations. A 2020 qualitative study found that Babyl teleconsultations were associated with cost and time savings, improved access to quality treatment, convenience, and fraud minimization



NCD service delivery models: **Group work**

- Participants will be presented with an integrated model of care/case study
- A moderator will guide the discussion
- Participants will discuss key strategies used, main results and achievements, and ongoing challenges and future opportunities
- A volunteer rapporteur completes the group work template
- > 70 min group work followed by reporting back in plenary

Case Studies

01 | China

Service Delivery System Reform: Building People Centered Integrated Care to Tackle NCDs

02 | Kenya

Scale up of the Primary Health Integrated Care Project for Chronic Conditions in Kenya (PIC4C): Leveraging an HIV platform

03 | Malawi

PEN-Plus Model of Care for Management of Severe and Complex NCDs

04 | Malaysia

Better Health Program: Tackling NCD Prevention and Obesity Among the Urban Poor

05 | Poland

PHC Plus Pilot Program

06 | Samoa

People Centered Integrated Care Model based on a Customized and Expanded PEN Program

07 | India, Tamil Nadu

Evolution to a People-Centered Integrated Service Delivery Model

08 | Ukraine (Russian)

Health Financing Reform to Strengthen NCD Care

09 | United Arab Emirates

Population at Risk Program: Providing Integrated care to Reduce Risk of COVID-19 Infections Using Multiple Innovations

10 | Uruguay

Adopting Reforms to Tackle the Rapidly Rising NCD Burden

01 | Group Work | China

Service Delivery System Reform: Building People Centered Integrated Care to Tackle NCDs

Key Dimensions of Integrated Service Delivery	Main Strategies	Main Results and Achievements	Ongoing Challenges & Future Opportunities
Service Integration			
Health Workforce	•	•	•
People and Community	•	•	•
Functional Integration			
Essential Medicines & Diagnostics	•	•	•
Health Information Systems	•	•	•
Digital Solutions	•	•	•
Organizational Integration			
Service Delivery	•	•	•
Public Health & Behavior Change	•	•	•
Health Financing	•	•	•
Regulation	•	•	•